

FDAMH Open Day September 2017 – Event Feedback

Comments provided on feedback posters

Feedback posters asked specific questions but most feedback was general, however the questions were: What do we do well? Where are the gaps? How can we work with you? What should be in our next strategic plan? What benefits does FDAMH bring to you? What else could we do?

(Praise for FDAMH)

Lots of things on offer

Lovely welcoming staff

Great service, will be bringing all this info back to my work place

I received support from Neil when my husband became ill and was able to deal with my feelings much more constructively

Give hope and support when people are desperate – well done you all

Very good advocates

(What do we do well?) - Supporting families, carers and service users

By taking part in training opportunities I have been able to have confidence to support colleagues and friends

Your respond quickly and effectively to cries for help. Thank you

You remove stigma and give a positive message about mental health

Somewhere to be myself

(Praise for the event)

Very informative

Great atmosphere

Keep up the great work. Thank you so much for sharing what you do with us

Very glad we came!! Very welcoming

(Suggestions)

Not enough counselling sessions that can be promptly accessed

Primary schools are crying out for Seasons for Growth

More direct liaison with GP practices...dealing with 'high heid yins' is sometimes not the way!

Open at weekends

(Making connections)

Thanks for the info on the counselling service and I'll see what can be done to help (from GP service perspective)

One wish for mental health in Forth Valley

People were encouraged to hang their 'One wish for Mental Health in Forth Valley' on our special Wish Tree:

(General)

For there to be a greater awareness of how mental health affects everyone – it isn't just for people suffering at the extremes

A spiritual approach to mental wellbeing

One love

I wish you weren't so much needed

Peace, hope, love for all

(Funding and recognition)

Funding would be solid and continue and we can work together

The charity receives more funding from government and gets a bigger premises soon

I wish FDAMH was valued as the equal partner and expert that it truly is and that appropriate value was given to the organisation

Empower FDAMH to do what it does best!

...can grow in size and then become empowering. Getting help in early can save time and money in the long run

(Accessibility)

Fast access to services – 2 way referral processes

That people who need services can access them promptly

I would want everyone with mental health to benefit from FDAMH

Faster access to services

Available to everyone with mental health issues. Open at weekends. Funded all the time.

Equity of resources for all areas of Falkirk regardless of SIMD (Scottish Index of Multiple Deprivation), mental health is everywhere

Greater combat stress help locally

(Young People)

Recognition of the vital need to work with young people

Would love to have representatives to come and speak to under 14s before things become a real problem

Sufficient funding especially for children and adolescents

Services to support under 14s

(Carers)

That professionals would listen to family members who are with the ill person day in day out